



# Eau Claire Memory Café

**2<sup>nd</sup> Tuesday of each month from 9:30 a.m. – 11:30 a.m. at  
the Chippewa Valley Museum Auditorium in Carson Park**

**Or**

**3<sup>rd</sup> Monday of each month from 1:30 p.m. – 3:30 p.m. at  
St. John's Lutheran Church, 1804 Highland Ave., Eau Claire**

**Get out, get active, and get connected with the  
Eau Claire Memory Café!**

---

## **What is a Memory Café?**

The café offers a comfortable way for you and your care partner to have fun and socialize with others who have Mild Cognitive Impairment, early to moderate Alzheimer's or other types of dementia, and those who worry about memory problems

## **What You Can Expect:**

- Social connection with others having a similar experience
- Peer Support
- Free valuable information and education
- An informal, relaxed and stigma-free environment
- Laughter
- No charge
- New friends
- Delicious refreshments



For more information, contact Lisa Wells, Aging & Disability  
Resource Center at 715-839-4750 or [Lisa.wells@co.eau-claire.wi.us](mailto:Lisa.wells@co.eau-claire.wi.us)